

# Long-term Efficacy and Safety of Fingolimod in Paediatric Multiple Sclerosis Patients: Analysis of the PARADIGMS Study up to 6 Years of Treatment

Kumaran Deiva<sup>1</sup>, Brenda Banwell<sup>2</sup>, Jutta Gärtner<sup>3</sup>, Gregory Lewis Pearce<sup>4</sup>, Mia Debarros<sup>5</sup>, Imran Ali Khan<sup>6</sup>, Ajay Kilaru<sup>4</sup>, Jun Li<sup>4</sup> and Tanuja Chitnis<sup>7</sup>  
on behalf of the PARADIGMS study group

**Oral presentation #: O069**

**Scientific Session 6: Treating children with MS ('Rogier Hintzen session')**

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<sup>1</sup>Department of Pediatric Neurology, French National Reference Center for Rare inflammatory and Auto-Immune Brain and Spinal Diseases, University Hospitals Paris Saclay, Bicêtre Hospital, Le Kremlin Bicêtre, Paris, France; <sup>2</sup>The Children's Hospital of Philadelphia, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA, USA; <sup>3</sup>Department of Pediatrics and Adolescent Medicine, German Centre for Multiple Sclerosis in Childhood and Adolescence, University Medical Centre Göttingen, Göttingen, Germany; <sup>4</sup>Novartis Pharma AG, Basel, Switzerland; <sup>5</sup>Novartis Pharmaceuticals Corporation, East Hanover, NJ, USA; <sup>6</sup>Novartis Healthcare Pvt. Ltd, Hyderabad, India; <sup>7</sup>Pediatric Multiple Sclerosis Center, Massachusetts General Hospital, Boston, MA, USA

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copy of this presentation

# Disclosures

**Kumaran Deiva** received personal compensation for speaker activities from Novartis, Servier, Biogen and Sanofi.

**Brenda Banwell** served as a consultant for Biogen Idec, Novartis, Teva Neuroscience, Merck Serono, Canadian MS Society Scientific Research Foundation, National Multiple Sclerosis Society and Canadian Institutes of Health Research. She served as a remunerated central MRI reviewer for the present study.

**Jutta Gärtner**, received honoraria for lectures and consultancy fees in the last 3 years from Bayer, Biogen, Novartis and Sanofi as well as funding for a research project from Novartis.

**Tanuja Chitnis** received personal compensation for advisory boards/consulting from F Hoffman-La Roche, Biogen and Novartis and financial support for research activities from the National Multiple Sclerosis Society, NIH and the Department of Defense, Biogen, Merck Serono, Verily and Novartis.

**Gregory Lewis Pearce, Mia Debarros, Imran Ali Khan, Ajay Kilaru and Jun Li** are employees of Novartis.

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# Background

- The Phase 3 PARADIGMS trial (NCT01892722) of fingolimod was the first randomised, controlled study of an MS disease modifying therapy conducted in paediatric MS (PedMS) patients aged 10–17 years.
- **In the PARADIGMS study<sup>1,2</sup>**
  - Fingolimod demonstrated superior efficacy over IFN  $\beta$ -1a
  - Fingolimod reduced the ARR by 82% and the annualised rate of new/newly enlarging T2 lesions by 53% versus IFN  $\beta$ -1a
  - The safety profile of fingolimod in the PedMS population was consistent with that observed in Phase 3 fingolimod trials in adults
- Fingolimod is approved for MS in children aged 10 and above<sup>3,4</sup>
- The PARADIGMS study includes ongoing long-term extension phase in which patients are being treated with open-label fingolimod for up to an additional 5 years

ARR, annualised relapse rate; IFN  $\beta$ , interferon beta; n/ne, new/newly enlarged; MS, multiple sclerosis; PedMS, paediatric multiple sclerosis

1. Chitnis T, et al. *NEJM*. 2018;379;11:1017-1027. 2. Arnold DL, et al. *J Neurol Neurosurg Psychiatry*. 2020;91(5):483-492. 3. Gilenya SMPC available at Gilenya, INN-fingolimod (europa.eu) Accessed on September 30 2022. 4. GILENYA (fingolimod) capsules prescribing information available at label (fda.gov). Accessed on September 30 2022

# Objective and endpoints

## Objective

- To assess the long-term efficacy and safety of fingolimod in PedMS patients treated for up to 6 years in the core and/or extension phases of the PARADIGMS study<sup>a</sup>

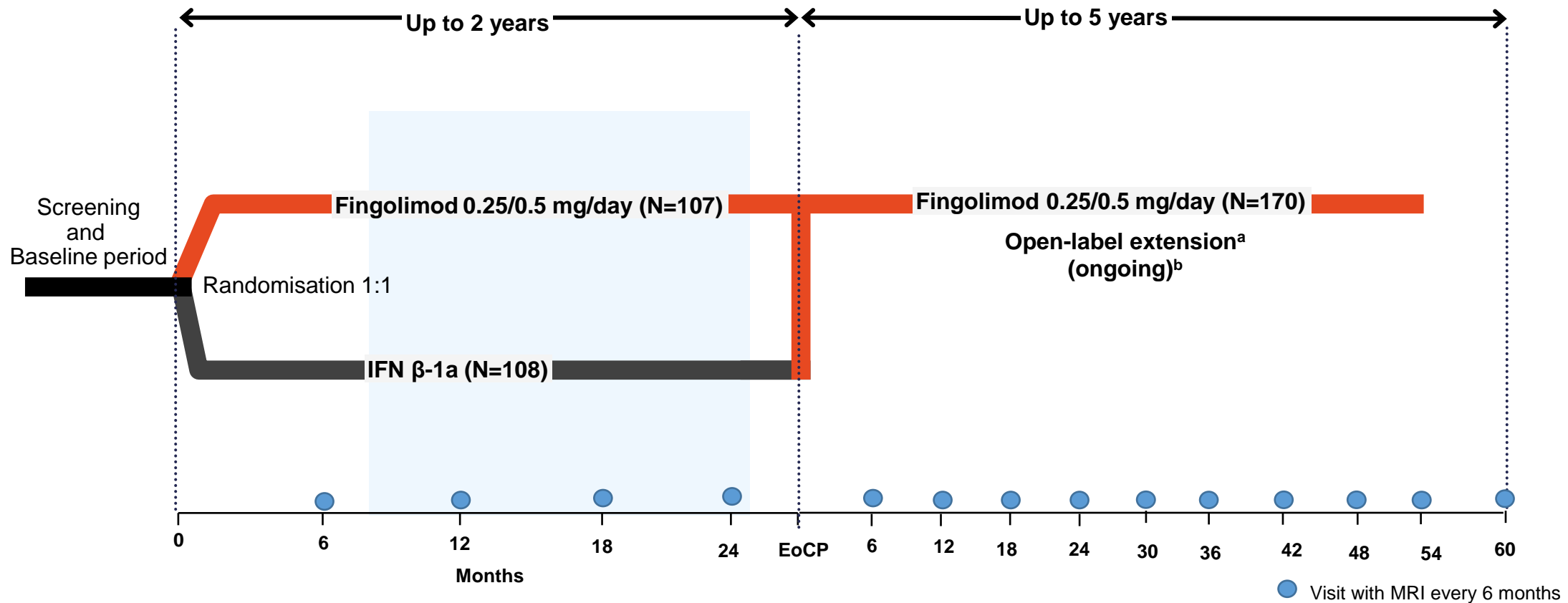
## Endpoints

- ARR<sup>b</sup>
- Annualised rate of new or newly enlarged T2 lesions<sup>b</sup> on T2-weighted MRI scans
- Safety (AEs, SAEs and AESIs)

<sup>a</sup>As of data cut-off of 4<sup>th</sup> August 2021. <sup>b</sup>ARR and n/ne T2 lesions analyses were performed using negative binomial regression adjusted for region, pubertal status and number of relapses within 2 years before randomization

# Study design: PARADIGMS core+extension

PARADIGMS is a double-blind, active-controlled, randomised trial in PedMS patients with a core phase of up to 2 years (completed) followed by an open-label extension phase (ongoing; duration up to 5 years)



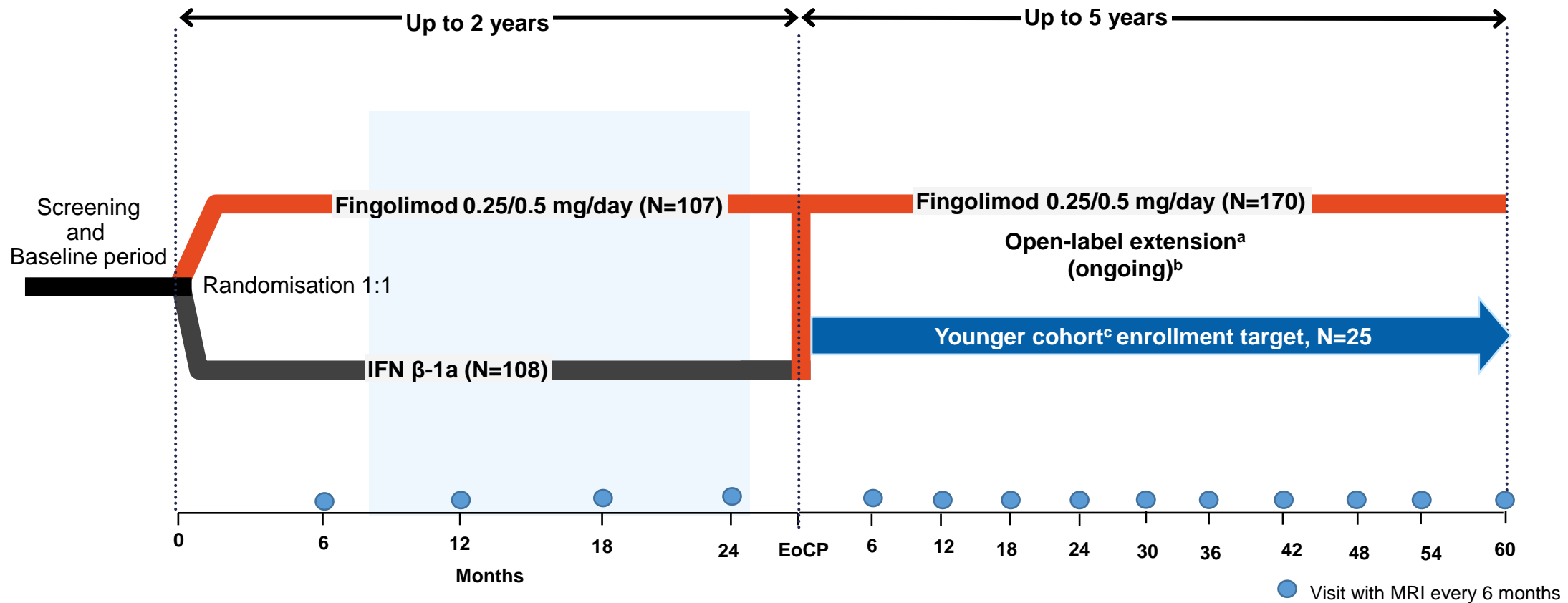
<sup>a</sup>Open-label treatment starts when a patient completes the core phase. Fingolimod was dosed at 0.5 mg/day, or 0.25 mg/day based on body weight (patients weighing >40kg received the 0.5 mg/d dose) and exposure is up to the cut-off date.

<sup>b</sup>The long term data presented are from patients originally enrolled in the PARADIGMS study (core and extension phase). Fingolimod was dosed at 0.5 mg/day or 0.25 mg/day based on body weight (patients weighing >40kg received the 0.5mg/d dose) and exposure is up to the cut-off date.

EoCP, end of core part; IFN, interferon; MRI, magnetic resonance imaging; PedMS, paediatric multiple sclerosis; PYs, patient year

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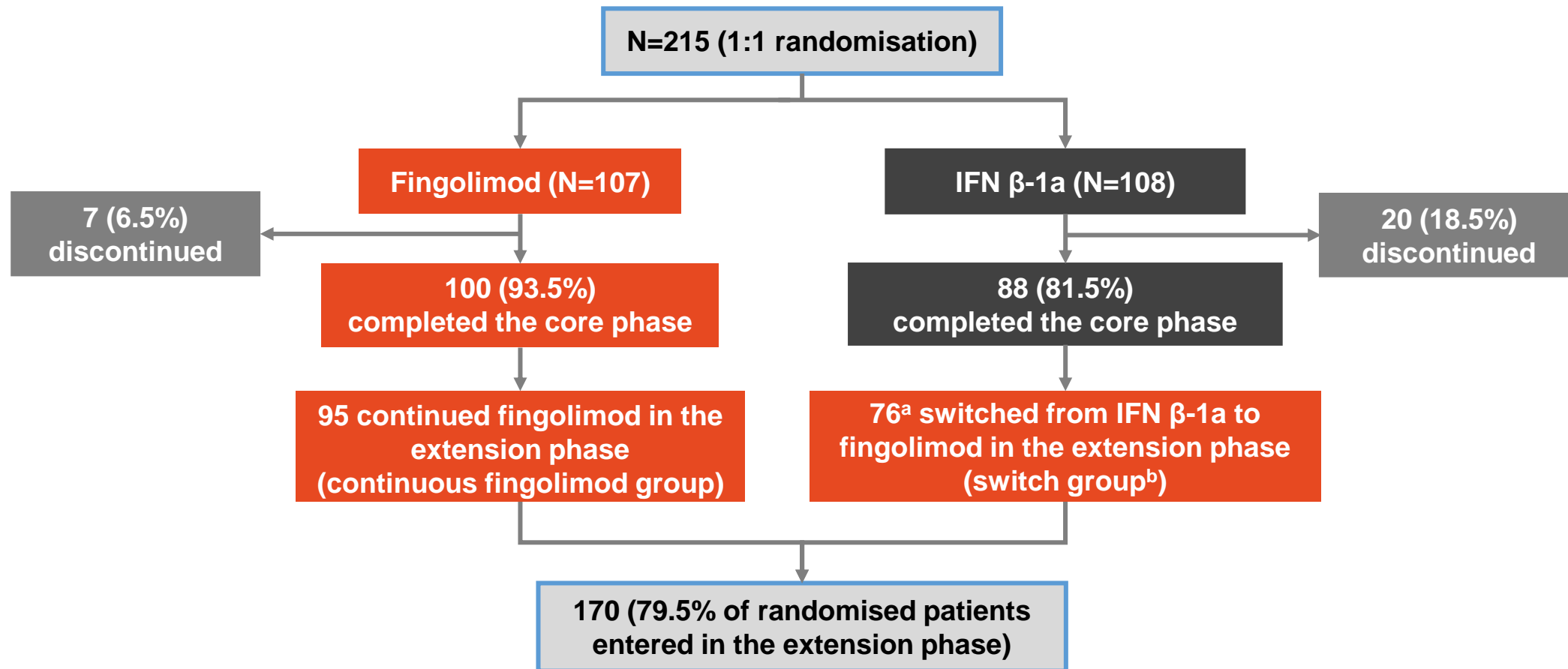
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<sup>b</sup>The long term data presented are from patients originally enrolled in the PARADIGMS study (core and extension phase). <sup>c</sup>Younger cohort up to the data cut off (4<sup>th</sup> August 2021) (N=8), who were ≤ 12 years of age, or weighing ≤ 40 kg, or pre-pubertal (pubertal status of Tanner stage < 2) were recruited directly in extension phase, enrollment is ongoing

EoCP, end of core part; IFN, interferon; MRI, magnetic resonance imaging; PedMS, paediatric multiple sclerosis; PYs, patient year

# Patient disposition: Core+extension

Data cut-off of 4th August 2021



<sup>a</sup>One patient treated with IFN β-1a in the core phase entered the extension phase but did not receive fingolimod due to local regulations. <sup>b</sup>Switch group consisted of patients who switched from IFNβ-1a in the core phase to fingolimod in the extension phase

IFN, interferon, N, number of patients

# Baseline demographics

## For extension trial

Characteristic	Continuous fingolimod group (N=95)	Switch group <sup>a</sup> (IFN β-1a/fingolimod) (N=75)
Age at first dose (years), Mean (SD)	15.1 (2.02)	15.4 (1.65)
<b>Sex</b>		
Male, n (%)	33 (34.7)	33 (44.0)
Female, n (%)	62 (65.3)	42 (56.0)
<b>Weight</b>		
Group A (≤40 kg)	7 (7.4)	1 (1.3)
Group B (>40 kg)	88 (92.6)	74 (98.7)
Height (cm), mean (SD)	165.5 (11.1)	167.9 (8.1)
BMI (kg/m <sup>2</sup> ), mean (SD)	22.6 (4.8)	22.5 (3.8)
Number of relapses in the last 2 year, mean (SD)	2.4 (1.49)	2.3 (0.98)
EDSS score, mean (SD)	1.45 (1.08) <sup>b</sup>	1.53 (0.95)
Number of Gd+ T1 lesions	2.7 (6.3) <sup>c</sup>	2.4 (4.78) <sup>d</sup>
<b>Pubertal status by tanner staging score</b>		
Pre-pubertal [<2])	6 (6.3) <sup>e</sup>	1 (1.3)
Pubertal [≥2])	87 (91.6) <sup>e</sup>	74 (98.7)

The above values presented as n (%), <sup>a</sup>Switch group consisted of patients who switched from IFNβ-1a in the core phase to fingolimod in the extension phase <sup>b</sup>refers to mean and SD values for n=93, <sup>c</sup>refers to mean and SD values for n=94 <sup>d</sup>refers to mean and SD values for n=74. <sup>e</sup>In the continuous fingolimod group, pubertal status data presented for n=93 patients. Parameters having subcategories are presented in bold.

BMI, body mass index; EDSS, Expanded Disability Status Scale; Gd+, gadolinium-enhancing; IFN, interferon; SD, standard deviation



# Duration of exposure to study drug

Cut-off: 4<sup>th</sup> August 2021

Duration of exposure to study drug	Continuous fingolimod group N=95; n (%)	Switch group <sup>a</sup> (IFN β-1a/fingolimod) N=75; n (%)
≥1 day	95 (100)	75 (100)
≥6 months	95 (100)	75 (100)
≥12 months	95 (100)	75 (100)
≥24 months	93 (97.9)	74 (98.7)
≥3 years	89 (93.7)	71 (94.7)
≥4 years	85 (89.5)	66 (88.0)
≥5 years	79 (83.2)	61 (81.3)
≥6 years	35 (36.8)	24 (32.0)
≤7 years	3 (3.2)	0 (0.0)
<b>Study drug exposure in months, mean (SD)</b>	66.6 (14.0)	66.1 (13.2)
<b>Patient-time (PYs)</b>	520.0 <sup>b</sup>	407.3 <sup>c</sup>

<sup>a</sup>Switch group consisted of patients who switched from IFNβ-1a in the core phase to fingolimod in the extension phase.

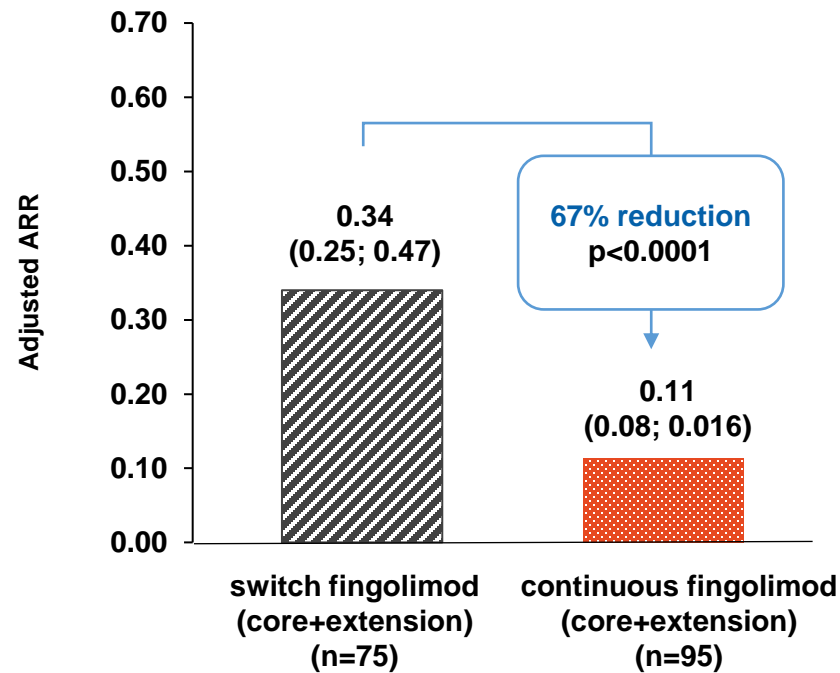
<sup>b</sup>PY 520.0 from continuous fingolimod patients + 285.0 from switched fingolimod patients equals a total exposure value of 805.0.

<sup>c</sup>Out of 407.3 PYs (value is relevant for efficacy parameters like ARR and n/ne T2 lesions) study drug exposure 285.0 PYs (value relevant for safety parameters like AEs) were on fingolimod

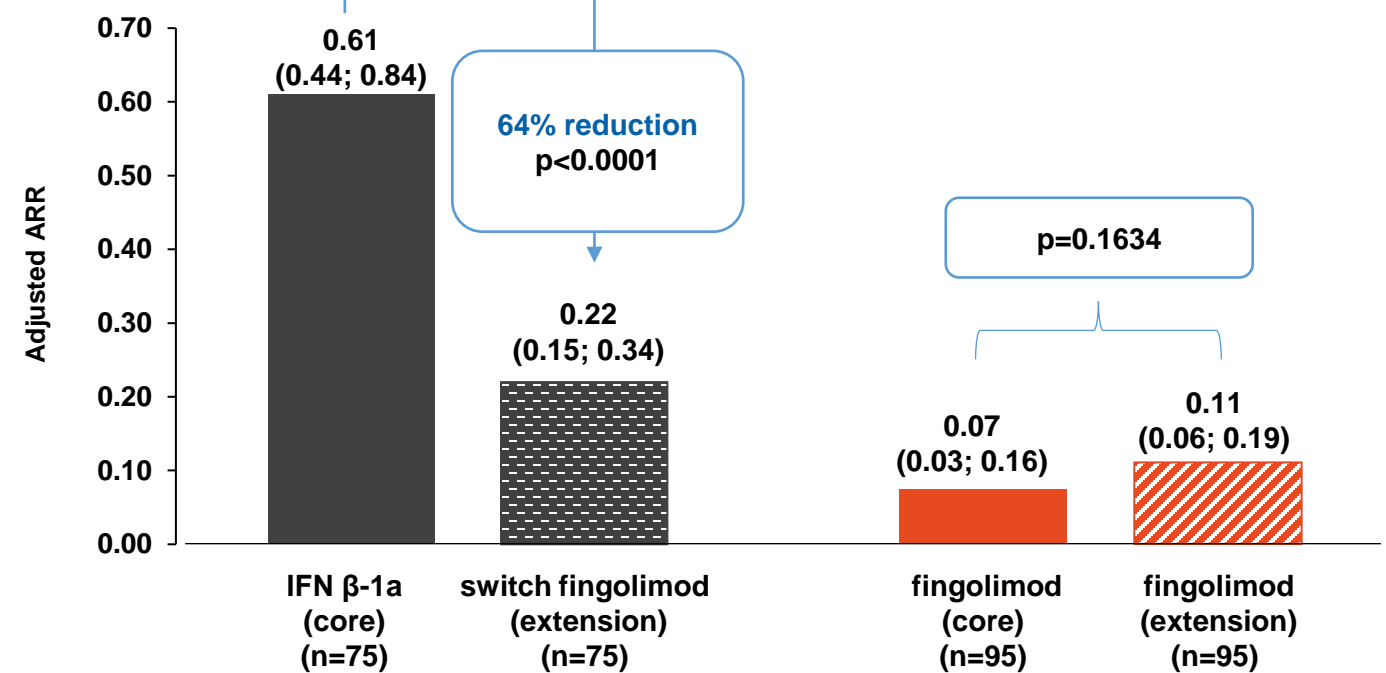
- **As of 04th August 2021, the mean exposure to fingolimod in the core and/or extension phase was 5.4 years with a total exposure of 805.0<sup>b</sup> PY**

# Results: Persistent reduction in ARR with fingolimod

**Between group comparison  
(switch fingolimod vs continuous fingolimod)**



**Within-group comparison  
(Within the IFN  $\beta$ -1a and fingolimod groups)**

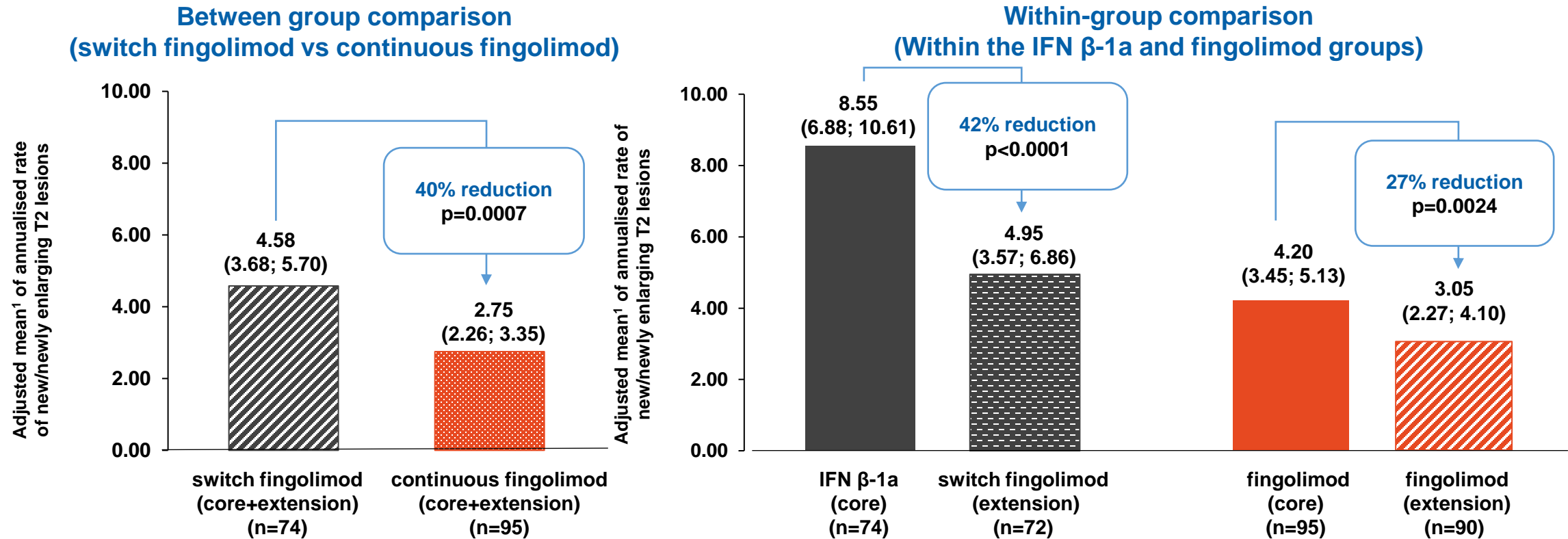


- Patients receiving IFN in core part benefited from significant reduction of ARR after switching to fingolimod in the extension phase
- ARR remained low and comparable to core part throughout extension for patients who were continuously on fingolimod

n: Total number of subjects included in the analysis. Adjusted ARR is obtained from fitting a negative binomial regression model adjusted for region, pubertal status (the stratification factor in IVRS), and the number of relapses in the previous two years before randomisation/enrollment (offset: time in study).

ARR, annualised relapse rate; CI, confidence interval; IFN, interferon

# Results: Reduction in annualised rate of new/newly enlarging T2 lesions



- Patients receiving IFN in core part benefited from significant reduction of annualised rate of new/newly enlarging T2 lesions after switching to fingolimod in the extension phase
- Annualised rate of new/newly enlarging T2 lesions remained low and comparable to core part throughout extension for patients who were continuously on fingolimod

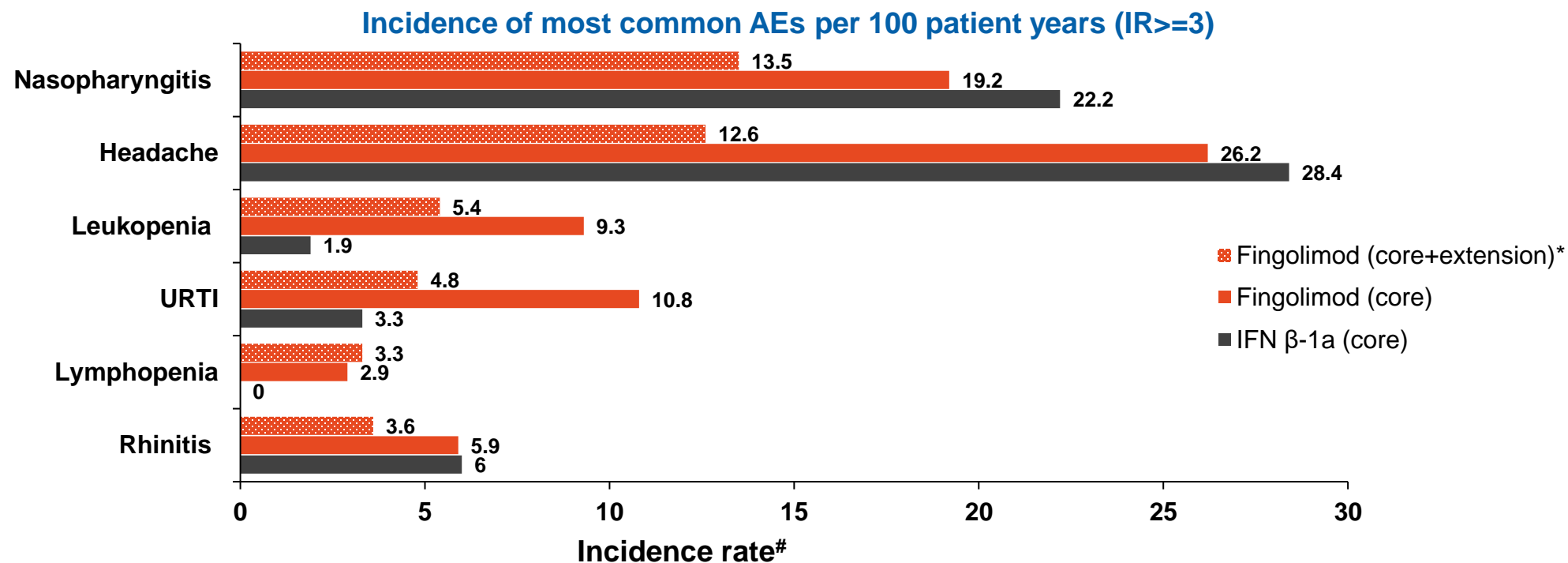
<sup>1</sup> Obtained from fitting a negative binomial regression model adjusted for region, pubertal status (the stratification factor in IVRS), and core baseline number of T2 lesions (Offset: time in study).

n: Total number of subjects included in the analysis; n/ne, new/newly enlarging lesions; IFN, Interferon



SAEs

# Results: Incidence of AEs



- Overall, no qualitative and quantitative changes were observed in the reported AE profile with long-term exposure to fingolimod
- A similar observation was made for SAEs. Overall, low incidences of SAEs were reported with no observed increases in exposure-adjusted IRs with long-term treatment (IR/100 PYs: fingolimod [core], 11.8, IFN [core] 6.6, fingolimod [core+extension]\* 5.5)
- The majority of the SAEs reported were single events

<sup>#</sup>IR=the incidence rate expressed per 100 patient-years of the at-risk population. \*The number of patients treated with fingolimod in the continuous and switch groups was 170 at the time of the analysis  
 AEs, adverse event; IR, incidence rate; IFN, Interferon; PY patient year; SAEs, serious adverse event; URTI, upper respiratory tract infection



# Results: Incidence of AESIs per 100 PYs

AESIs	Core phase			Core+extension phase	
	Fingolimod (N=107a), n(IR)	IFN $\beta$ -1a (N=107a), n(IR)	Continuous fingolimod (N=95), n(IR)	Switch-fingolimod (N=75), n(IR)	Total (N=170), n(IR)
Bradycardia and bradycardia	4 (2.3)	2 (1.3)	4 (0.8)	1 (0.2)	5 (0.5)
Macular oedema	1 (0.6)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0)
<b>Infections and infestations</b>	64 (71.2)	60 (64.7)	80 (48.4)	68 (56.5)	148 (51.8)
Varicella zoster virus infections	1 (0.6)	1 (0.6)	3 (0.6)	5 (1.2)	8 (0.9)
Herpes simplex virus infections	2 (1.1)	2 (1.3)	5 (1.0)	4 (1.0)	9 (1.0)
Liver-related signs and symptoms	9 (5.3)	6 (3.9)	17 (3.7)	15 (4.0)	32 (3.8)
<b>Convulsions</b>	6 (3.4)	1 (0.6)	8 (1.6)	5 (1.2)	13 ( 1.4)
Epilepsy	3 (1.7)	0 (0.0)	3 (0.6)	1 (0.2)	4 (0.4)
Seizure	2 (1.1)	1 (0.6)	3 (0.6)	4 (1.0)	7 (0.7)
Generalised tonic-clonic seizure	1 (0.6)	0 (0.0)	1 (0.2)	1 (0.2)	2 (0.2)
Partial seizures	1 (0.6)	0 (0.0)	3 (0.6)	0 (0.0)	3 (0.3)
Partial seizures with secondary generalization	1 (0.6)	0 (0.0)	1 (0.2)	0 (0.0)	1 (0.1)

- Overall, there were no unexpected increases from the core phase in the IRs of AESIs with long-term exposure to fingolimod

MedDRA Version 24.0 was used for the reporting of adverse events. IR=the incidence rate expressed per 100 patient-years of the at-risk population. a, here n=107 instead of 108, one patient on IFN during the core phase entered the extension phase but never received a dose of fingolimod. Since incidence is based on exposure and there was no exposure, that patient is not included in the above table.

AESIs, adverse events of special interest; IR, incidence rate; MedDRA, Medical Dictionary for Regulatory Activities; N=Number of patients in the analysis set; n, number of patients with at least one AE in the corresponding category an adverse event; PYs, patient-year

# Conclusions

- In PedMS patients aged 10–17 years treated with fingolimod for up to 6 years in PARADIGMS (core and/or extension phase), the ARR and the annualised rate of new/newly enlarging remained low with continuous fingolimod and were significantly reduced for patients who switched from IFN $\beta$ -1a to fingolimod, demonstrating persistent efficacy with fingolimod treatment
- The nature of AEs (including SAEs) and AESIs reported with long-term treatment were in line with the core phase and consistent with the known safety profile of S1P modulators in adult patients. No new safety signals were observed
- These results continue to support the positive benefit-risk profile of fingolimod in PedMS patients

# Future directions

- **PARADIGMS study provides valuable information on future study design in paediatric MS**
  - A phase 3 NEOS study (NCT04926818) which aims to assess the efficacy and safety of ofatumumab and siponimod versus fingolimod in patients with PedMS (aged 10–17 years) is recruiting

# Acknowledgements

**We would like to express our gratitude to all the participating patients. In addition, we thank all participating study sites and investigators**